



BETHESDA YOUTH WELFARE CENTRE DIMAPUR, NAGALAND (INDIA).

QUARTERLY NEWSLETTER (A PUBLICATION OF BETHESDA YOUTH WELFARE CENTRE) APRIL- JULY 2026



From Executive Director's Desk...

Reflecting on our past efforts and engagement throughout our long journey is essential from time to time as it enables us to assess our progress, learn from our experiences, recognize both achievements and shortcomings besides renewing our commitment to the path that lies ahead. Almost every action is guided by a clear vision and specific goals that serve as guiding principles. These provide a sense of direction, shape our decision, and enable us to measure our progress towards achieving the desired outcomes.

During the last quarter of the reporting period no major developments or significant changes took place in terms of project implementation or the initiation of new projects except for the establishment of a new Sub Drop In-Centre (TI Project) at Mithehe Village under Drop In-Centre Bhandari, although the centre has been fully operational since April 2026, its official inauguration is expected to take place shortly.

The dawn of 2026-27 had also seen the emotional departure of some of our most loyal and dedicated co-workers, namely- Mr.Woben Humtsoe, Project Manager IRCA and Mr.Supenthung Lotha,Residential Program Manager,IRCA,Dimapur for their future callings in their own preferred profession. Thank you guys for your selfless services rendered to the Bethesda YWCD family during your brief but meaningful association with us.The Bethesda ywcd fraternity also too warmly welcome Mr.Russell Humtsoe and Ms. Kalansinlo Kamei as the New Project Manager and Counselor at IRCA respectively. .We are excited about having you in our family fold.

In conclusion, we the Bethesda YWC family expresses our sincere appreciation to all our partner agencies, well wishers, volunteers and thousands of network friends who keep remembering us in their prayersunseen, unsung but silently deep down in their hearts. It's our prayers that may the Almighty God continue to bless each of you abundantly.

Thank you all!.

1. DROP IN-CENTRE (TI PROJECT), DUNCAN, DIMAPUR



Weekly review meeting of Staff



Observation of the event with student interns at the DIC



Student interns on a one-on-one interactive session with the clients



Carrom Championship among the clients



Giving away prizes to the champions



Organised Potlucks for fund raise at DIC



Cleanliness drive at the Drop In-Centre

2. DROP IN-CENTRE (TI PROJECT), BHANDARI, WOKHA DISTRICT



Observation of International event at Drop In- Centre Bhandari and Sub Drop In- Centre Ralan



Monitoring visit of Cluster Project Officer (CPO)



CBS Border Intervention camp at Merapani Foothills

3. DROP IN-CENTRE (TI PROJECT), NAGALAND GATE, DIMAPUR



A program conducted in line with the International Day Against Drug Abuse & Illicit Trafficking



The student interns make a home visits to one of the drug addicts

4. DISTRICT DRUG DE- ADDICTION CENTRE CHUKITONG, WOKHA DISTRICT, NAGALAND



Chairman, Wokha District Planning & Development Board and Advisor for Agriculture, Govt. of Nagaland, Shri Mhathung Yanthan visited the BYWC District De-Addiction Centre, Chukitong, Wokha, Nagaland. He was accompanied by Shri Y. Mhonbemo Humtsoe, hon'ble MLA of 38 A/C, Shri Mhathung Tsanglao, Deputy Commissioner of Wokha, and other departmental officials. The visit provided an opportunity to interact with the centre and gain firsthand insight into its ongoing efforts in rehabilitation and recovery among the drug users.



The youth community along with elderly people taking a pledge during the Nasha Mukta Yuva Sankalp program at the District De-Addiction Centre (DDAC), Chukitong, Wokha, Nagaland.

5. INTEGRATED REHABILITATION CENTRE FOR ADDICTS (IRCA)



A Student intern having group discussion with the inmates



Project Coordinator conducting input class with clients



The inmates taking a pledge during the Nasha Mukta Yuva Sankalp program at IRCA

6. THE CITY BARN HEALTH CENTRE, DIMAPUR



Interactive session with the student interns



Awareness program on health in one of the HSS in Dimapur



A thematic session on mental health with the adolescents at the centre

7. NETWORKING PROGRAMS



World Environment Day observation with the Eco-club at Lio Longidang village in collaboration with Social Development Foundation Trust, Manipur.



Mr. Chenithung Humtsoe, the Executive Director sharing his insight and personal experience on drug abuse and its devastating impact on socio-economic well being of individuals, families, and communities during the observation of International Day Against Drug Abuse & Illicit Trafficking at DC's Conference Hall Chumoukedima, Jointly organized by the Department of Social Welfare, GoN and Chumukedema District Administration, on June 26th 2026.



Building trainers on climate training workshop for Regional Enhancement for Climate Adaptation and partnership (RECAP) program held at New Delhi from 8-10 July 2026 which was supported by Bread for the World. This program strengthens the capacity of civil society organisation in south Asia to address climate change and build resilience together.

8. ENGAGEMENT OF STUDENT INTERNS

Degree course student interns taking part in different activities during their field works at different project sites which has been part of the curriculum for students pursuing degree course from Bachelors as block fieldwork, concurrent field work, practical ministry, community engagement programme, etc.

Altogether 18 students from four different educational institutions viz, North East Institute of Social Sciences & Research, Tetso College, Public College and J.N.Aier College underwent internship in this last a quarter (April to July 2026) under this organization.



The interns on poster campaign for awareness at DIC

9. JOINT FIELD EXPERIENCE OF STUDENT INTERNS

We have been hearing about the growing challenges of drug abuse and its far-reaching implications for individuals, families, and society at large. We have also heard, for quite some time about the difficulties faced by law enforcement agencies in tackling the menace of drug trafficking as well as the complex social, economic and legal issues associated with it.

In our interaction with different drug users, both current and recovering, we came to learn that drug abuse does not affect the individual alone, it can lead to broken relationship, financial hardship, domestic conflicts, school and workplace disruptions, poor mental and social well-being and the increasing availability of illicit drugs poses a serious threat to their future and to the well-being of society.

During our fieldwork we also observed various community outreach activities such as awareness programs through distribution of pamphlets, counseling—both individual and family, fellowship gatherings and the importance of community participation in supporting individuals afflicted and inflicted by substance use besides helping us develop empathy and maintaining confidentiality for building trust among different communities.

The program on Oral Substitution Therapy was found to be very effective as it helps many individuals to rebuild their lives and move towards recovery. The visit to CITY BARN Centre re-enforces our understanding on mental and providing proper counseling in order to avoid future health complications.

The rehabilitation program for substance abuse run by the centre was found to be very effective and comprehensive as it provides an individual with the necessary support and guidance to overcome substance dependence and work towards a healthier and more productive life through counseling, family reintegration, social rehabilitation, etc.

This brief field report has been contributed jointly by the following student interns from two colleges viz, North East Institute of Social Sciences & Research (NEISSR) and Tetso College, Chumoukedima, Nagaland.

1. Vizokhoto Vincent Kruse
2. Tsathingri A Sangtam
3. John K
4. Ito K Achumi
5. Inoka Chophy
6. Kihoto Sumi
7. Moalong Lkr

INPUTS BASED ON PERSONAL EXPERIENCES:

Today, our team visited the Day Care Shelter Supermarket Dimapur Nagaland. We attended fellowship with the clients, and it was truly a blessed time. The pastor preached about forgiveness, loving our neighbors, and treating our bodies as the temple of God.

We also had a special prayer for the families in Mon who are suffering from the floods, praying for God's guidance, protection, and mercy upon them. After the service, we served light refreshments to the clients and received blessings from the pastor.

Later, after the service, we had a short interaction with both recovering and the current drug users. They shared their personal life stories on how they became addicted to drugs, and their desire to change their lives. This was followed by a one-to-one interactions, where some of them shared how the loss of their loved ones led them into depression and how drug addiction took over their lives, and how they struggled with suicidal thoughts. They also expressed their hope and determination to rebuild their lives.

Today's fellowship focused on sharing the Gospel and encouraging them to grow spiritually. We prayed with them as they shared their personal prayer requests, and we ended the session with a closing prayer.

Learning Outcomes:

Through this visit, we learned the importance of forgiveness, loving one another, and trusting God in every situation. We also understood that healing from addiction involves not only physical recovery but also emotional and spiritual growth. Listening to the clients' life stories helped us develop greater empathy and reminded us of the importance of offering hope, encouragement, and support to those who are trying to rebuild their lives.

Team members:

1. H. Hanshila Kerry
2. Pijano Enni
3. Zanbeni
4. Vekucho z Achumi

WORDS OF FAREWELL:

Like every journey has its seasons, so too do the chapters of our lives have seasons that call for change. Moving from one season to another and embracing a different setting allows us to prepare ourselves for new responsibilities, challenges and opportunities that lie ahead. We would like to express our heartfelt gratitude to Mr. Woben Humtsoe, Project Co-ordinator IRCA and, Mr. Supenthung Lotha, Residential Program Manager IRCA, Dimapur. We highly appreciate and acknowledge their valuable contributions during their time with us. Let us cherish the memories and experiences we had together during their stay with us as members of the BYWCD family.

At the same time, we would also like to warmly welcome our new staff members, Mr. Russell Humtsoe, and Ms. Kalansinlu Kamei, the Project Coordinator and Counselor respectively at IRCA. We wish both of them a good health and hope that their time with the organisation will be meaningful and fulfilling



"Social change starts with what each of us is willing to change"